**RULES OF TAG TEAM SPARRING**

**ALL TEAM EVENTS TO START AFTER THE INDIVIDUAL COMPETITION**

Teams will consist of a 3 person team; bouts will be for 4 minutes. Each time the bout is stopped you can change with a member of your team by tagging your team member’s glove. All 3 members must fight at some stage during the bout. All team matches will be point stop.

The same 3 fighters must compete for the duration of event.

Teams who do not have 3 fighters will not be allowed to continue in the competition.

No substitutions due to injury or disqualification.

**TAG TEAM SPARRING DIVISIONS**

**MALE:**

3 person team. White/Yellow/Green belts together. No weights

3 person team. Blue/red belts together. No weights

3 person team. Black belts. No weights

**FEMALE:**

3 person team. White/Yellow/Green belts together. No weights

3 person team. Blue/red belts together. No weights

3 person team. Black belts. No weights

**JUNIOR’s**

3 person team. White/Yellow/Green belts together. Must all be from the same division

3 person team. Blue/Red belts together. Must all be from the same division

3 person team. Black belts. Must all be from the same division

**\*There will be four junior divisions**

1. Pee wee.
2. Lightweight.
3. Middleweight.
4. Heavyweight.

\*Boys and Girls separate teams

\*\*There are no separate team events for Executive Male & Executive Female or Cadet Male & Cadet Female.

All junior teams are under 16 years old

All senior teams are 16 years and over

T.A.G.B Competion