**GRADING INFORMATION 3rd Kup Red Belt**

You will need your sparring kit and gum shield with you in case the examiner wants to see sparring.

**Practical:**

Pattern - Toi Gye

Student' Choice Pattern

Examiner's Choice Pattern

3 Step Semi Free Sparring (Advanced)

1 Step Sparring

Free Sparring

**Theory Required:**

Theory Questions will be asked on the day of the grading by Grand master Oliver 9th Degree.

You may be asked any theory questions from white belt up to your belt. I would suggest obtaining a copy of the TAGB book available from me for £14 which prepares to take you to black belt.

The TAGB quiz page which is great for practice: <https://blackbeltschools.com/syllabus/koreanquiz.asp>

**Interpretation of Toi Gye:** Toi Gye - 37 movement pattern - is the pen name of the note scholar Yi Hwang (16th AD) an authority on neo-Confucianism. The 37 movements refer to his birthplace on 37 degrees latitude and the diagram (‡) represents scholar.

**Meaning of Red Belt:** Red signifies danger, cautioning the student to exercise control and warning the opponent to stay away.

**Korean Terminology Required**

Outer forearm W-shape block                     Bakat palmok san makgi

Double forearm pushing block                    Doo palmok miro makgi

Back fist back strike                                    Dung joomuk dwit taerigi

Upset fingertip thrust                                 Dwijibo sonkut tulgi

Twin side elbow thrust                                Sang yop palmok tulgi

Crescent kick                                             Bandal chagi

45 degree kick                                          Beet chagi

Vertical kick                                               Sewo chagi

1 step sparring,                                          llbo matsoki

Arm,                                                           Pal

Leg                                                             Dari

Wrist                                                           Sonmok