**GRADING INFORMATION                                                                        2nd Kup Red Belt**

You will need your sparring kit and mouth guard with you in case the examiner wants to see sparring.

**Practical**

Pattern, Hwa Rang

3 Patterns (1 Student's Choice, 2 Examiner's Choice)

Line work examiner’s choice

1 Step Sparring

Other Step Sparring

Free Sparring

**Theory Required**

Theory Questions will be asked on the day of the grading by Grand master Oliver 9th Degree.

You may be asked any theory questions from white belt up to your belt. I would suggest obtaining a copy of the TAGB book available from me for £14 which prepares to take you to black belt.

The TAGB quiz page which is great for practice: <https://blackbeltschools.com/syllabus/koreanquiz.asp>

**Interpretation of Hwa Rang**

Hwa Rang, 29 movement pattern - is named after the Hwa Rang youth group, which originated in the Silla Dynasty about 600 AD and became the driving force for the unification of the three kingdoms of Korea. The 29 movements refer to the 29th infantry division, where Tae Kwon Do developed into maturity.

**Meaning of Black belt**: Black belt is the opposite of white, signifying maturity and proficiency in TaeKwonDo. Also indicates the wearers imperviousness to darkness and fear.

**Korean Terminology Required**

Close ready stance 'C' - Moa junbi sogi 'C' Twisting kick - Bituro chagi

Upward punch - Ollyo jirugi Consecutive kick -Yonsok chagi

Knife-hand downward strike -  Sonkal naeryo taerigi Grabbing - Butjaba

Side elbow thrust -           Yop palkup tulgi Toes - Balkut

Reverse hooking kick -     Bandae dollyo goro chagi Turning - Dolgi

Side sole - Yop bal badak Sliding - Mikulgi

Open fist -                         Pyon joomuk Back forearm -   Dung palmok

Under forearm -                Mit palmok